

# WOMEN'S HEALTH SHOW

## *Help!* My band-aid won't stick!

With Margaret Wallis-Duffy  
Wallis and Associates Wellness Clinic

As women we tend to be the caregivers, the nurturers in the family. We spend so much time looking after everyone else, that we often neglect our own health.

In a fun, inter-active presentation, Margaret Wallis-Duffy and her colleague, Jennifer Lusby, will share the latest on women's health, what to look out for, what to do and the options available to us. Take charge of your health and join us for this informative evening.

Recently presented with the Zonta Woman of Achievement Award, Margaret is a regular on CITY TV's City Line and on several wellness programs, such as Canadian Living TV, Body and Health, and The Right Fit. She is one of Canada's foremost experts on massage therapy, infant massage and overall wellness achieved through complementary techniques. She also has her own line of Baby Massage Oil.

Visit the booths at the  
Health Show – learn more  
about the health options  
available to you, sample a few  
alternative therapies.



### Register today!

**February 17, 2009**

5.00-7.00 Women's Health Show

7.00-9.00 Dinner and Speakers

#### **Oakville Conference & Banquet Centre**

2515 Wyecroft Road, Oakville  
(just south of the QEW at Bronte)

**\$45** plus GST

includes Women's Health Show, dinner and speaker

VISA and Mastercard accepted

**Register online at**

**[www.companyofwomen.ca](http://www.companyofwomen.ca)**

**Company of Women**

